

16 Year Old Blood Donor Parent/Guardian Permission Form

Please complete ALL areas of the form and bring it with you on the day of the blood drive

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Print **FIRST NAME exactly** as it appears on child's ID

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Print **LAST NAME exactly** as it appears on child's ID

I grant permission for HCSC - Blood Center to draw whole blood, red blood cells, platelets and/or plasma, using established acceptable procedures, for use as it deems advisable. I understand the procedures used to collect his/her blood are recognized as safe but the blood donation is not without risk. I understand risks include, but are not limited to, light-headedness, confusion/disorientation, nausea, tetany (intermittent muscular spasms), pallor (pale in color), shortness of breath, anxiety, cyanosis (bluish tint to skin), yawning, passing out and falling with injury, hypovolemia (decrease in blood volume that may result in fainting), anemia (decrease in red blood cells that may be due to decreased bone marrow iron stores) chest pain, rapid pulse, bruising of the arm and/or injury to nerves of the forearm. Additional risks for Automated Collections procedures include, but are not limited to, citrate reaction (tingling around the mouth or lips, vibrating sensation in the chest, muscle cramps, nausea, shivering). He/she agrees to abide by the post donation instructions.

I understand that a number of lab tests are required on each unit of blood including, but not limited to, tests to detect hepatitis viruses, AIDS (HIV), HTLV-1/2, Syphilis, Chagas' disease, West Nile virus, investigational tests, and occasionally blood may be frozen for future testing. (I understand that if there are positive results on these required tests that are important to the health of my child or affect his/her ability to donate, with his/her permission I will be notified). Abnormal test results will also be reported to state and federal agencies as required by applicable law and regulation. I am aware that my child's records are subject to inspection by government and blood bank regulatory agencies.

I approve my child to donate blood components for the benefit of others. I understand that the total amount of platelets, plasma, red blood cells collected during the procedure will not exceed the FDA (Food and Drug Administration) Regulations and AABB Standards.

I verify that I am the donor's parent/guardian and that such donor resides with and is supported by me.

Parent/Guardian Name (signature)

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Date of Consent (MM/DD/YYYY)

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Parent/Guardian (print - FIRST NAME)

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Parent/Guardian (print - LAST NAME)

In the event of an emergency, I may be contacted at the following phone number:

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(Parent/Guardian Phone)

IMPORTANT REMINDER

State regulations require a properly completed permission form to be presented at the time of donation.
A 16 year old donor will not be accepted without a properly executed permission form.

Additional copies of this Parent/Guardian Permission form can be found at www.GIVEaPINT.org/16-year-old

This area for use by HCSC - Blood Center only:

Eye Readable DIN

<input type="checkbox"/>	Deferred
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To ensure a safe and pleasant experience, please refer to the important information on the reverse side of this form.

Donating Blood Step-By-Step

Before Your Donation

Commit

- Visit GIVEaPINT.org, call **1-800-B-A-DONOR**, or contact your coordinator.

Eat & Hydrate

- Be sure to eat a hearty meal before your donation. Choose salty food because your body can lose up to 2 mg of salt during donation.
- Drinking plenty of water or non-caffeinated drinks will help ensure that you have a pleasant donating experience.

Donation Process

- The Whole Blood donation process, from registration to refreshments, takes approximately 45 minutes. The actual donation time is less than 15 minutes.
- The Double Red Blood Cell donation process takes 1 to 1 ½ hours.
- The Platelet donation process takes about 2 hours.

During Your Donation

Step 1: Registration

- Present your Miller-Keystone Blood Center Donor ID Card or proper identification (e.g. photo ID including first and last name, student or work ID)

Step 2: Mini-Physical

- During the mini-physical, we check temperature, pulse, hematocrit and blood pressure.

Step 3: Donor History Questionnaire

- For your convenience, you can answer your donor history questionnaire on the day of donation prior to arriving for your blood donation using iScreen at www.GIVEaPINT.org/iScreen. If you cannot access iScreen prior to your arrival, you will have the opportunity to answer your questions in a secure, private setting at the Blood Center or blood drive.
- You will be asked to answer questions about your health history, travel and lifestyle.
- All information gathered is kept strictly confidential.

Step 4: Donate

- A trained Collections Specialist will select the vein to be used and clean the area of the arm that will be used for your blood donation.
- Once the needle is in place, you'll squeeze a ball to keep the blood flowing.
- To reduce the chance of a reaction, contract the muscles in your lower body by alternately raising a foot a few inches off the chair for a few seconds at a time.
- After your donation is complete, the needle is removed and a pressure wrap is applied.
- We ask that you keep your bandage on and dry for 24 hours.

Step 5: Relax and Replenish

- For your safety, you will be asked to sit on the edge of the phlebotomy bed for 1-2 minutes. You will then be asked to stay in our canteen for at least 15 minutes, where you will sit, relax, and have a snack and drink.

After Your Donation

Hydrate

- Drink plenty of water or non-caffeinated and non-alcoholic drinks for the rest of the day to restore your fluid balance.

Relax

- Avoid strenuous activity or heavy lifting after your donation.

Check Your Mini-Physical Results

- After 24 hours, go to the **My Profile** section of www.GIVEaPINT.org to see all your mini-physical results that were taken the day of your donation.
- If you feel sluggish, drink electrolyte replacement fluids (e.g. Powerade®/Gatorade®) and get plenty of rest.
- If you feel light-headed, lie down and prop your feet up higher than heart level until you are feeling better.
- If you do not feel better call Diane L. Wiest, RN at 484-225-8351, or email dwiest@GIVEaPINT.org. If you feel it is a true emergency, call your family physician, visit the closest medical facility or dial 911.