

## Medication Deferral List

**DO NOT STOP taking medications prescribed by your doctor in order to donate blood.**

**Donating while taking these drugs could have a negative effect on your health or on the health of the recipient of your blood.**

**PLEASE TELL US IF YOU:**

| ARE BEING TREATED WITH ANY OF THE FOLLOWING TYPES OF MEDICATIONS:   | OR HAVE TAKEN:                                | WHICH IS ALSO CALLED:                                 | ANYTIME IN THE LAST: |              |
|---|---|---|----------------------|--------------|
| <b>Antiplatelet agents<br/>(usually taken to prevent stroke or heart attack)</b>  | Feldene                                       | piroxicam   | <b>2 Days</b>        |              |
|   | Effient                                       | prasugrel   | <b>3 Days</b>        |              |
|   | Brilinta                                      | ticagrelor  | <b>7 Days</b>        |              |
|   | Plavix  | clopidogrel   | <b>14 Days</b>       |              |
|   | Ticlid  | ticlopidine   | <b>14 Days</b>       |              |
|   | Zontivity                                     | vorapaxar   | <b>1 Month</b>       |              |
| <b>Anticoagulants or “blood thinners” (usually taken to prevent blood clots in the legs and lungs and to prevent strokes)</b> | Arixtra                                       | fondaparinux  | <b>2 Days</b>        |              |
|   | Eliquis                                       | apixaban  |                      |              |
|   | Fragmin                                       | dalteparin  |                      |              |
|   | Lovenox                                       | enoxaparin  |                      |              |
|   | Pradaxa                                       | dabigatran  |                      |              |
|   | Savaysa                                       | edoxaban  |                      |              |
|   | Xarelto                                       | rivaroxaban   |                      |              |
|   | Coumadin, Warfilone, Jantoven                 | warfarin  | <b>7 Days</b>        |              |
| <b>Acne treatment</b>   | Accutane<br>Amnesteem<br>Absorica<br>Claravis | Myorisan<br>Sotret<br>Zenatane                        | <b>1 Month</b>       |              |
|   | <b>Multiple myeloma</b>                       | Thalomid  |                      | isotretinoin |
|   | <b>Rheumatoid arthritis</b>                   | Rinvoq  |                      | thalidomide  |
|   | <b>Hair loss remedy</b>                       | Propecia  |                      | upadacitinib |
|   | <b>Prostate symptoms</b>                      | Proscar   |                      | finasteride  |
|   |   | Avodart<br>Jalyn                                      |                      | dutasteride  |
|   | <b>Immunosuppressant</b>                      | Cellcept  |                      | finasteride  |
| <b>HIV Prevention (PrEP and PEP)</b>  | Truvada, Descovy,<br>Tivicay, Isentress       | mycophenolate mofetil                                 | <b>6 Weeks</b>       |              |
|   | Apretude-injectable HIV prevention            | tenofovir, emtricitabine<br>dolutegravir, raltegravir | <b>3 Months</b>      |              |
| <b>Basal cell skin cancer</b>   | Erivedge<br>Odomzo                            | Cabotegravir  | <b>2 Years</b>       |              |
| <b>Relapsing multiple sclerosis</b>   | Aubagio                                       | vismodegib<br>sonidegib                               | <b>24 Months</b>     |              |
| <b>Rheumatoid arthritis</b>   | Arava   | teriflunomide   |                      |              |
| <b>Hepatitis exposure</b>   | Hepatitis B Immune Globulin                   | leflunomide   | <b>12 months</b>     |              |
| <b>Experimental Medication or Unlicensed (Experimental) Vaccine</b>   |   |   |                      |              |

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|  |                |             |           |
|--|----------------|-------------|-----------|
| Psoriasis  | Soriatane      | acitretin   | 36 Months |
|  | Tegison        | etretinate  | Ever      |
| HIV treatment also known as antiretroviral therapy (ART)   |                |             | Ever      |
| Ilaris (canakinumab) – Used to control serious inflammatory diseases.  |                |             | Ever      |
| Iodine – Used during CT scan. Scan is to diagnose cancer or heart disease.   |                |             | 6 days    |
| Other anticoagulants or “blood thinners” (usually to prevent blood clots in the legs and lungs and to prevent strokes) | Angiomax       | bivalirudin | 7 days    |
|  | Blood thinners | Not listed  |           |
|  | Idraparinux    | NA          |           |
|  | Innohep        | tinzaparin  |           |
|  | Iprivask       | desirudin   |           |
|  | Refludan       | lepirudin   |           |

*Some medications affect your eligibility as a blood donor for the following reasons:*

**Antiplatelet agents affect platelet function**, so people taking these drugs should not donate platelets for the indicated time. You may still be able to donate whole blood or red blood cells by apheresis.

**Anticoagulants or "blood thinners"** are used to treat or prevent blood clots in the legs, lungs, or other parts of the body, and to prevent strokes. These medications affect the blood’s ability to clot, which might cause excessive bruising or bleeding when you donate. You may still be able to donate whole blood or red blood cells by apheresis.

**Isotretinoin, finasteride, dutasteride, acitretin, and etretinate** can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman.

**Thalomid (thalidomide), Erivedge (vismodegib), Odomzo (sonidegib), Aubagio (teriflunomide), and Rinvoq (upadacitinib)** may cause birth defects or the death of an unborn baby if transfused to a pregnant woman.

**Cellcept (mycophenolate mofetil) and Arava (leflunomide)** are immunosuppressants that may cause birth defects or the death of an unborn baby if transfused to a pregnant woman.

**PrEP or pre-exposure prophylaxis** involves taking a specific combination of medicines as a prevention method for people who are HIV negative and at high risk of HIV infection.

**PEP or post-exposure prophylaxis** is a short-term treatment started as soon as possible after a high-risk exposure to HIV to reduce the risk of infection.

**ART or antiretroviral therapy** is the daily use of a combination of HIV medicines (called an HIV regimen) to treat HIV infection.

**Hepatitis B Immune Globulin (HBIG)** is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case; therefore, persons who have received HBIG must wait to donate blood.

**Experimental medication or unlicensed (experimental) vaccine** is usually associated with a research study, and the effect on the safety of transfused blood is unknown.

**Ilaris (canakinumab)** is a medication used to control serious inflammatory diseases. They are: Tumor Necrosis Factor Receptor Associated Periodic Syndrome (TRAPS); Hyperimmunoglobulin D Syndrome (HIDS); Mevalonate Kinase Deficiency (MKD); and Familial Mediterranean Fever (FMF). Potential donors taking this medication for these diseases should be indefinitely deferred.